NEWS AND NEIGHBORS

Newport News Redevelopment and Housing Authority

OCT.NOV.DEC.2026
Volume 33, 4th Quarter

HOLIDAYS OBSERVED DURING THE MONTHS OF

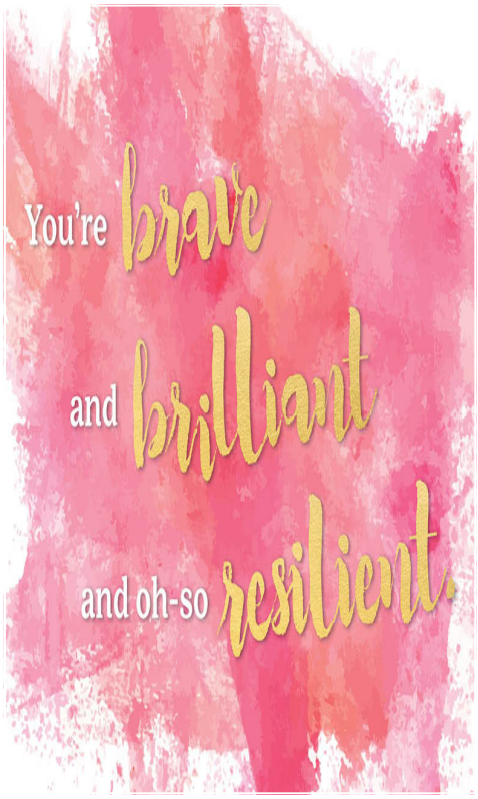
NOV
Thanksgiving Day
11.26

DEC
Christmas Day
12.25
New Year's Eve
12.31

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An Early Breast Cancer Detection Plan should include:

Beginning at age 20: Performing breast self-exams and looking for any signs of change.

Ages 20 to 39: Scheduling clinical breast exams every three years.

Ages 40 to 49: Having a mammogram every year or two years depending on previous findings.

Ages 50 and older: Having a mammogram every year.

Recording personal exams, mammograms and doctors appointments on a calendar or in a detailed file.

Maintaining a healthy weight, followed by a low-fat diet, getting regular exercise, quitting smoking and reducing alcohol consumption.

Message from the Executive Director



Lysandra M. Shaw
Executive Director

Help Make Your Neighborhood a Safer Place

You can make a difference by reporting any potential violence or any activity you suspect is illegal anywhere in our city using a Hot Spot card with a pre-addressed stamped envelope that is enclosed in each newsletter.

It can be dropped off at your rental office or mailed and is completely anonymous.

If you would like to talk to someone about any concerns you have, please call NNRHA Safety and Security Officer at (757) 928-2660.

HOT SPOT CARD







Family Investment Center



FREE TRAINING PROGRAMS

The Family Investment Center offers free training in the following courses:

- **CNA;**
- **Self-Paced Typing;**
- **Employability Skills Workshops;**
- **Resume and Interviewing Prep;**
- **Job Lead Assistance;**
- **Homeownership.**

Call 757.928.3682 if your have questions regarding the programs offered.

8:00 a.m. - 4:30 p.m.

PROGRAMA LIBRE DE INSTRUCCION

Centro de Trabajo Para la Familia ofierte los Cursos que sigue:

- Mecanografia;
- Habilidades de obrero;
- Ayuda con su resumen y su entrevista;
- Como se encuentra trabajo;
- Como encontrar y poseer una casa.

Centrro de Trabajo
Para La Familia

Lunes—Viernes

8 de la manana-
4:30 de la tarde

757.928.3682 ingles
757.928.6146 espanol

Great Training Opportunities…

FIC STAFF MEMBERS

Chrystal Barnes	PH FSS Program Coordinator	757-928-3680
Lora Jarrett	ROSS GRANT Coordinator	757-928-3681
Brenda Williams	Job Search Coordinator	757-928-3682
Tara Johnson	504 Request	757-928-3684
Kim Blowe	Tenant Relations Advisor	757-928-4302
Laetitia Mullen	Tenant Relations Advisor	757-928-6170

Family Investment Center

Marshall Courts Recreation Center
3301 Marshall Avenue • Newport News, VA
Monday thru Friday
8:00 AM — 4:30 PM

Newport News Redevelopment and Housing Authority

Community Resources

MEDICARE 2027: WHAT'S NEW, WHAT'S NEXT

OCTOBER 6, 2026 @ 1:30 PM

Marshall Courts Rec Center
3301 Marshall Avenue
Newport News, VA 23607

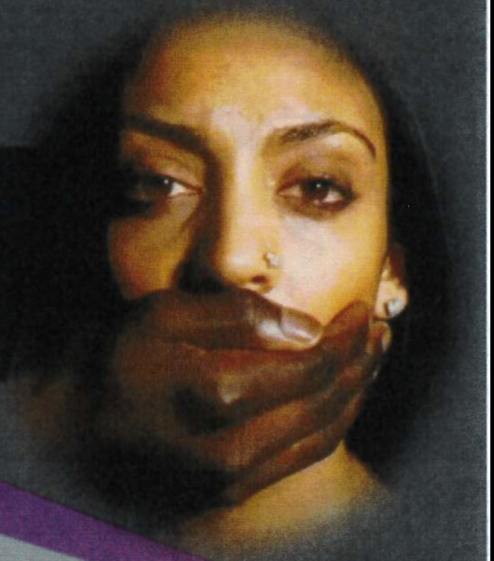


Contact: Lora Jarrett @ ljarrett@nnrha.org or 757-928-3681

Newport News Redevelopment and Housing Authority
Community Resources & Newport News Police Department
Domestic Violence Team
Presents

STAND
STRONG
STOP

DOMESTIC VIOLENCE



WED 21 OCTOBER
AT 10 AM - AQUEDUCT

WED 21 OCTOBER
AT 1:30 PM - PINECROFT

THUR 22 OCTOBER
AT 10 AM - LASSITER

THUR 22 OCTOBER
AT 1:30 PM - MARSHALL

END THE SILENCE
SPEAK FOR OTHERS

OCTOBER
DOMESTIC VIOLENCE AWARENESS MONTH

Contact: Lora Jarrett at
757-928-3681 or
ljarrett @nnrha.org

Refreshments * Door Prizes

2026

Made with PosterMyWall.com

What You Need To Know About Section 3

Section 3 Act

Section 3 of the Housing and Urban Development Act of 1968 (12 U.S.C. 1701u)(as amended), requires that economic opportunities generated by certain HUD financial assistance for housing (including Public and Indian Housing) and community development programs shall, to the greatest extent feasible, be given to low and very low-income persons, particularly those who are recipients of government assistance for housing, and to businesses that provide economic opportunities for these persons.

Who are Section 3 Residents?

Other HUD programs covered by Section 3 (to distinguish between HUD Public and Indian housing programs) are those that provide housing or community development assistance for housing rehabilitation, housing construction, or other public construction project.

Public housing residents including persons with disabilities. Low and very low income persons who live in the area where a HUD assisted project is located.

What is a Section 3 Business?

A section 3 business is one:

That is owned by Section 3 residents
Employs Section 3 residents or;
Subcontracts with businesses that provide opportunities to low and very low income persons.

What types of Economic Opportunities are available under Section 3?

- Jobs and Employment opportunities
- Training and Educational opportunities
- Contracts and Business opportunities

Who will provide the Economic Opportunities?

• Recipients of HUD financial assistance and their contractors and subcontractors are expected to develop a Section 3 Plan to assure that economic opportunities to the greatest extent feasible, are provided to low and very low-income persons and to qualified Section 3 businesses. One element of that Plan is the use of a Section 3 clause which indicates that all work performed under the contract is subject to the requirements of Section 3.

Who receives Economic Opportunities under Section 3?

For training and employment:
- persons in public and assisted housing;
- persons in the affected project neighborhood;
- participants in HUD Youth-build programs;
  homeless persons.

For contracting:
- businesses which fit the definition of a Section 3 business.

How can individuals and businesses find out more about Section 3?

For contracting opportunities contact:
Newport News Redevelopment and Housing Authority
Representative: Monique Warren
P. O. Box 797
Newport News, VA 23607
Email: mwarren@nnrha.org

For training and employment opportunities contact:
Representative: LaSandra Wingate
Newport News Redevelopment and Housing Authority
P. O. Box 797
Newport News, VA 23607-0797
Phone: 757-928-2628

SECTION 504 REQUEST FOR A REASONABLE ACCOMMODATION

The Newport News Redevelopment and Housing Authority (NNRHA) is committed to operating all of its housing programs in a fair and impartial way. All core programs are open to all eligible individuals and families regardless of sexual orientation, gender identity, or marital status. NNRHA is committed to providing programs in a way that does not discriminate based on race, color, sex, national origin, religion, familiar status, disability or elderliness, source of funds, sexual orientation, gender identity, and military status. No otherwise qualified person will be denied housing or otherwise discouraged from obtaining housing at NNRHA because of his/her race, color, sex, national origin, religion, familial status, disability or elderliness, source of funds, sexual orientation, gender identity or military status.

Pursuant to Section 504 of the Rehabilitation Act, no qualified individual with disabilities will be excluded, solely on the basis of disability from participation in or the benefits of the program or activities administered by NNRHA. NNRHA will provide reasonable accommodations to all applicants, residents, and employees, who need such accommodations to be able to enjoy the housing and employment provided by NNRHA. In addition, reasonable modifications will be provided to the structure and features of the apartment and public and common use areas of the property should such modifications be necessary to provide full enjoyment to the premises if such modifications do not result in an administrative and financial burden to NNRHA.



NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY

SECTION 504 REQUEST FOR A REASONABLE ACCOMMODATION



RETURN THIS COMPLETED FORM TO YOUR MANANGEMENT OFFICE

Tenant's Name:_____
Complex Name:_____
Address/Apt. #:_____Zip_____
Telephone #:_____

The Newport News Redevelopment and Housing Authority (NNRHA) is required by law to provide special services, transfers or modifications to apartments, buildings or grounds to meet the needs of tenants with disabilities. These are called reasonable accommodations. NNRHA may require documentation to support a claim for a reasonable accommodation. The information supplied will be kept confidential pursuant to law.

NNRHA will work with you to determine how to fulfill your request.

Tenant's Signature_____Date_____

____ No one in my household has a disability.
(I do not need to complete the rest of this form)

____ I am not requesting NNRHA to provide an accommodation at this time.

The following person (s) in my household has/have a disability and need one or more of the reasonable accommodations below:

____ Uses a wheelchair
____ Vision impaired
____ Grab bars
____ Door bell light signaler
____ Other accommodations, please explain:

____ Uses a walker
____ Hearing impaired
____ Audio visual smoke Alarm

_____
_____
_____

Fall Fire Safety Newsletter



Cooking Safety

- **Stay in the kitchen** when you are cooking on the stove top.
- Keep children away from the stove.
- Keep knives, lighters and matches out of the reach of children.



If you have a fire while cooking

- **Never pour water on a grease fire.** Instead, slide a lid or cookie sheet over the pan, turn off the burner, and do not move the pan.
- If there is a fire in the oven or microwave, keep the door closed and turn the power off.



Scan to learn more about our free Fire Safety Event on October 10th

NEWPORT NEWS RESCUE FIRE EMS 1891 FIRE DEPT.

Stronger Families Brighter Futures

NEWPORT NEWS
REDEVELOPMENT AND HOUSING AUTHORITY

Together We Make a Stronger Community!

NNRHA RESIDENTS

INTERESTED IN SIGNING YOUR FAMILY UP FOR THANKSGIVING BASKETS, CHRISTMAS GIVEAWAYS & BIKE GIVEAWAYS?

Let us know so we can plan to support our families this holiday season!

THANKSGIVING BASKETS



CHRISTMAS GIVEAWAYS



BIKE GIVEAWAYS



PLEASE CONTACT US NO LATER THAN

OCTOBER 9TH, 2026

TO SIGN YOUR FAMILY UP!

CONTACT US:

Laetitia Mullen
757-928-6170
lmullen@nnrha.org

Brenda Jackson
757-592-1654
bjackson@nnrha.org

Safe Homes Stronger People Brighter Tomorrows

OR SIGN UP AT THE RENTAL OFFICE

COMMUNITY | OPPORTUNITY | STABILITY | BRIGHTER FUTURES

NNRHA

Take Charge Today. Build a Better Tomorrow.

MONEY SKILLS *for Everyday Life!*



Simple Money Tips. *Stronger Future.*

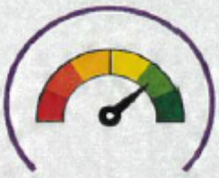
Learn practical money skills that empower you to make smart choices today for a brighter tomorrow!



Save Money
Stretch your dollars further.



Pay Down Debt
Take steps toward financial freedom.



Improve Your Credit
Build and maintain good credit.



Plan for Emergencies
Be ready for life's unexpected moments.



Rent & Housing Tips
Make smart choices about your home.



Protect Your Family
Secure what matters most.

INVEST IN YOUR FUTURE—YOU DESERVE IT!
Please RSVP to reserve your seat and help us prepare enough free gifts for everyone attending.

FREE GIFT
LIGHT REFRESHMENTS
RESOURCE INFORMATION



FOR MORE INFORMATION OR TO RSVP, CONTACT:
Brenda Jackson-Williams
Job Placement Manager
757-592-1654
bjackson@nnrha.org

JOIN OUR FINANCIAL EMPOWERMENT WORKSHOP SERIES!

SEPTEMBER 9TH
2:00 PM – 3:00 PM
MARSHALL RECREATION CENTER
3301 Marshall Ave.
Newport News, VA 23607

OCTOBER 14TH
2:00 PM – 3:00 PM
AQUEDUCT RECREATION CENTER
13244 Aqueduct Dr.
Newport News, VA 23602

NOVEMBER 10TH
10:00 AM – 11:00 AM
MARSHALL RECREATION CENTER
3301 Marshall Ave.
Newport News, VA 23607

DECEMBER 2ND
2:00 PM – 3:00 PM
AQUEDUCT RECREATION CENTER
13244 Aqueduct Dr.
Newport News, VA 23602

NEWPORT NEWS REDEVELOPMENT & HOUSING AUTHORITY

STRONG MONEY SKILLS. STRONGER COMMUNITIES. *Stronger You.*

"Transportation Will Be Provided"

NEWPORT NEWS REDEVELOPMENT & HOUSING AUTHORITY

IN PARTNERSHIP WITH
NEWPORT NEWS DEPARTMENT
OF HUMAN SERVICES



SNAP E&T EMPLOYMENT SERVICES











Are you currently receiving SNAP benefits and interested in training and employment opportunities?

If you answered YES,
join us for an informative discussion about services you may be eligible to receive!

CERTIFICATIONS
Earn valuable credentials to boost your career.

JOB SKILLS TRAINING
Build the skills employers are looking for.

TUITION ASSISTANCE
Get help paying for school and training programs.

CHILD CARE ASSISTANCE
Support available so you can focus on your goals.

TRANSPORTATION ASSISTANCE
Resources to help you get where you need to go.

JOIN US FOR A 4-PART WORKSHOP SERIES!

SEPTEMBER 23RD
10 AM – 11:30 AM
AQUEDUCT RECREATION CENTER
13244 Aqueduct Drive
Newport News, VA 23602

OCTOBER 28TH
10 AM – 11:30 AM
MARSHALL COURTS RECREATION CENTER
3301 Marshall Avenue
Newport News, VA 23607

NOVEMBER 18TH
10 AM – 11:30 AM
AQUEDUCT RECREATION CENTER
13244 Aqueduct Drive
Newport News, VA 23602

DECEMBER 16TH
10 AM – 11:30 AM
MARSHALL COURTS RECREATION CENTER
3301 Marshall Avenue
Newport News, VA 23607



CONTACT:
Brenda J. Williams
Job Placement Manager
757-592-1654
bjackson@nnrha.org

WE'RE HERE TO HELP YOU:
- Education & Training Opportunities
- Employment Readiness Services
- Tuition & Certification Assistance
- Child Care Support
- Transportation Assistance
- Career Coaching & Support

Tell a Friend, Bring a Friend!


November 3, 2026
Primary Election Day
2026
Time Polls are open:
6:00 am to 7:00 pm


Derrick Scott
Fitness Trainer
FITNESS BUILDS STRONGER COMMUNITIES!
BODY • MIND • SPIRIT • COMMUNITY
Learn How a Healthy Balanced Diet Can Benefit Your Body, Mind, and Overall Wellness!
Healthy eating and regular physical activity work together to improve overall wellness, increase energy, and help prevent chronic disease.
Join us in taking steps toward a healthier lifestyle for yourself, your family, and your community.
Healthy Choices Today... A Stronger Tomorrow!
2LB
Thursday, October 8th
11:00 AM - 12:30 PM
Marshall Courts Recreation Center
3301 Marshall Ave,
Newport News, VA
For More Information & To RSVP:
Brenda Jackson-Williams
757-592-1654
bjackson@nnrha.org
NNRHA
Newport News Redevelopment & Housing Authority
The first 5 residents will receive a door prize and be entered into a raffle!


Let's Talk Lipstick
Let's Talk Lipstick
PRESENTS
CHRISTMAS GIFT SCAVENGER HUNT
A DAY OF FUN, FAMILY & COMMUNITY!
Let's come together to celebrate, give back, and make memories that last!
SATURDAY
DECEMBER
5, 2026
1PM – 5PM
MARSHALL COURT RECREATION CENTER
3301 Marshall Ave.,
Newport News, VA 23607
GIFTS WILL BE PROVIDED FOR AGE GROUPS
0 MONTHS – 17 YEARS OLD
FIND CLUES
FIND GIFTS
FOOD
MUSIC
GIFTS
GAMES
...and more!
SIGN UP TODAY!
Must sign up by
OCTOBER 31ST
BY TEXTING CHILDREN'S AGES, NUMBER OF BOYS/GIRLS TO:
(312) 888-1049
CONTACT INFORMATION
Brenda Williams
757-952-1654
email: bjackson@nnrha.org
Let's Talk Lipstick
312) 888-1049
letstalklipstick@gmail.com
www.letstalklipstick.org
@letstalklipstick
ACCESSIBLE EVENT
Please contact us if you require any special accommodations.
IN PARTNERSHIP WITH
NNRHA
NEWPORT NEWS REDEVELOPMENT & HOUSING AUTHORITY
OPERATION BLESS the CITY WITH CONNECT MD
ADNJ
YOUTH & FAMILY SERVICES
BRING YOUR FAMILY AND JOIN US FOR
Fun, Laughter, and a Christmas Tour!

Newport News Redevelopment and Housing Authority

Community Resources

From Conflict to Calm

Skills for responding thoughtfully when situations become challenging

Mental health refers to our emotional, psychological, and social well-being. It affects how we think, feel, act, make decisions, and relate to others.

Tuesday, November 17, 2026

1:30 PM

Marshall Courts Rec Center

3301 Marshall Avenue

Newport News, VA 23607

Stay Calm. De-Escalate. Resolve.

- Understand triggers
- Communicate effectively
- Prevent escalation

Sponsored by DSC, LLC

NNRHA | DIVINE STRATEGIC DSC CONSULTING | dscconsulting.org

Contact: Lora Jarrett | ljarrett@nnrha.org | 757-928-3681

NEWPORT NEWS
REDEVELOPMENT AND
HOUSING AUTHORITY

20TH ANNUAL SHOP TILL YOU DROP! CELEBRATION









TUESDAY
December 9
2:00 PM – 4:00 PM

Aqueduct Gym
13244 Aqueduct Dr
Newport News, VA 23602

WEDNESDAY
December 10
2:00 PM – 4:00 PM

Marshall Courts Community Room
3301 Marshall Ave
Newport News, VA 23607

FOR MORE INFORMATION, PLEASE CONTACT:

LAETITIA MULLEN
757-928-6170
LMULLEN@NNRHA.ORG

BRENDA JACKSON-WILLIAMS
757-592-1654
BJACKSON@NNRHA.ORG

STRONGER COMMUNITIES • BRIGHTER TOMORROWS

Senior CHRISTMAS Luncheon

SPONSORED BY DOMINION TERMINAL ASSOCIATES

December 15, 2026

Marshall Courts - 11:00 am - 12:30 pm

Spratley House - 2:00 pm - 3:30 pm

***

December 17, 2026

Ashe Manor 11:00 am to 12:30 pm

Pinecroft Apartments 2:00 - 3:30 pm







Contact: Lora Jarrett | ljarrett@nnrha.org
757-928-3681


NNRHA
FAMILY SELF-SUFFICIENCY PROGRAM
PRESENTS
Surviving DECEMBER
THE FSS HOLIDAY MONEY CHALLENGE
Can Your Budget Survive the Holidays and Make It to January?
Less Debt
More Stability
Brighter Futures
PLAN
BUDGET
SAVE
THRIVE
SMART CHOICES BRIGHTER TOMORROWS
REAL-LIFE SCENARIOS
FUN & INTERACTIVE
PRACTICAL TIPS
PRIZES & RESOURCES
Same Goals Bigger Possibilities!
DECEMBER 2026
DATES TBD
LOCATION #1
Marshall Courts Recreation Center
3301 Marshall Ave
Newport News, VA 23607
LOCATION #2
Aqueduct Gym
13244 Aqueduct Dr.,
Newport News, VA 23602
FOR MORE INFORMATION, CONTACT:
C. BARNES
PH FAMILY SELF-SUFFICIENCY COORDINATOR
757-928-3680
CBARNES@NNRHA.ORG
Investing in People Creating Brighter Tomorrows!

General Overtime Guidelines

Maintenance staff will respond to the following calls:

1. Gas Leaks;
2. Electrical Problems;
3. Smoke Detector;
4. Power Outages (only at Pinecroft, Ashe Manor, Spratley House and Marshall);
5. No Heat between 5:00 p.m. on Friday and 8:00 am on Sunday or holidays if the next day is a working day. If the next day is not a working day, accepts calls until 6:00 p.m.
6. Floods and Sewer Problems;
7. Broken Windows;
8. Collapsed ceiling or damaged roofs;
9. Commode stopped up (if two in apartment hold to next day if that is a normal business day);
10. Lock Out/Lock Change;
11. Damaged Exterior Doors;
12. Fire.

Note to Residents: If you believe the situation can wait until the next day, call first thing in the morning.

Requested Work Orders

Public Housing

Marshall Courts	(757) 928-6154
Ashe Manor	(757) 928-6187
Aqueduct	(757) 833-5700
Pinecroft	(757) 269-4300
Orcutt Townhomes I	(757) 928-6187
*Marshall	(757) 928-6181

Tax Credit Properties

Oyster Point/Brighton	(757) 269-4307
Brighton	(757) 591-3280
Cypress Terrace	(757) 833-5720
Orcutt Townhomes III	(757) 928-6187
Lassiter Courts	(757) 928-2690
Great Oak	(757) 592-7448
Jefferson Brookville	(757) 928-2690
Spratley House	(757) 928-6187

Please use this number ONLY after 5:00 p.m.
(757) 247-0484

Manager's Corner

TENANT COUNCIL MEETINGS

Aqueduct	Last Thursday Each Month	10:00 am Gymnasium
Ashe Manor	3rd Thursday Each Month	1:30 pm Community Room
Brighton	3rd Tuesday Each Month	2:00 pm Community Center
Cypress Terrace	2nd Tuesday Each Month	11:00 am Community Center
Great Oak	4th Thursday Each Month	2:00 pm Community Center
Jefferson Brookville	3rd Thursday Each Month	3:30 pm - Jefferson Brookville Community Room
Lassiter Courts	2nd Thursday Each Month	3:30 pm Community Room
Marshall Courts	3rd Thursday Each Month	2:00 pm Recreation Center
Orcutt Townhomes I	4th Thursday Each Month	10:00 am - Ashe Manor Community Room
Orcutt Townhomes III	4th Thursday Each Month	1:30 pm - Ashe Manor Community Room
Oyster Point	3rd Tuesday Each Month	11:00 am Community Room
Pinecroft	1st Monday Each Month	3:00 pm Lobby
Spratley House	3rd Wednesday Community Room	11:00 am Community Room





We all know the heartache and devastation that drugs can bring to our families.

If you or anyone you know and love is affected by substance abuse help is available.

Program Name	Services	Payment
Tidewater Area Hot Line 459-8467	Narcotics Anonymous	No fees
Narcotics Anonymous VA Regional Hot Line 1-800-777-1515	Support group for recovering substance abusers.	No fees
Hampton Roads Clinic Reflections 827-8430	Outpatient Counseling I.V. Methadone Maintenance 30-45 day Residential Facility	Sliding fee Scale Medicaid
Project Link 245-0217	Case management and coordination services for prenatal abuser	Sliding fee Scale Medicaid
Al Anon/Alateen 1-888-425-2666 **AA Hotline** 595-1212	Support group Alcoholism-friends/ relatives and teens. 12 Step Program	No fees No fees
Peninsula Area Help Line 875-9314	Narcotics Anonymous	No fees
Advanced Recovery Systems	Alcohol, Eating Disorders and Substance Abuse	Private Insurance

FILING A COMPLAINT…

Here is the Customer Service Hotline Number:

757-928-6082 or 757-928-6060

TENANT HOTLINE IS A FREE SERVICE FOR TENANTS LIVING IN PROPERTIES OWNED AND MANAGED BY THE NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY. WHEN FILING A COMPLAINT, YOU MUST STATE YOUR FULL NAME, ADDRESS, AND TELEPHONE NUMBER AND SPEAK AS SLOWLY AND CLEARLY AS POSSIBLE.

WE WILL CALL YOU BACK WITHIN 48 HOURS REGARDING YOUR CONCERNS.

THANK YOU



This newsletter is published by the Newport News Redevelopment and Housing Authority

News Editor/Coordinator: Tera Lockley
News Layout: Lisa Artis

NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY
P. O. BOX 797
NEWPORT NEWS, VA 23607

Newport News Redevelopment and Housing Authority
Community Resources
Are You Interested in Joining

RESIDENT Council?

Want to Become an Elected Official?
Participate Today & Make a Difference

Make Your Voices Heard

STAY TUNED FOR MORE INFORMATION

Campaigning to start in 2027

For more information, contact Lora Jarrett
ROSS Grant Coordinator

PH: 757-928-3681
Email: ljarrett@nnrha.org





NNRHA wishes you warmth and joy for the holidays! May your season be filled with good cheer, special moments, happy memories and a heart full of love and peace.